

## Welcome

We pride ourselves on having created a modern and contemporary designed 'Beauty Boutique', set in pure luxurious surroundings with spacious plush treatment rooms consisting of -

Reception

Contemporary triple nail bar with integrated flat screen TV.

Treatment Rooms

1. State of the art tanning spa
2. Relaxing water cascade spa
3. Tranquil aquarium spa
4. Urban spa

Each treatment room has a personalised flat screen t.v. elevated above the spa couch.



We are a unisex salon, please visit our website or see main reception for a gents price list, special offers and much more.

## Therapists

Our team of therapists are highly trained (beauty experts) in every sense of the word who specialise in all aspects of beauty therapy to the highest standard in their respective field.

## Face Care

**Semi - Permanent make-up**  
Stay beautiful all day.



Before

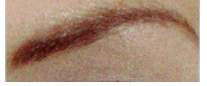


After

### Eyebrows

Anyone who requires emphasis of the 'brows' will love this procedure and the time saved never having to pencil again. Once a micropigmentation procedure is complete you can swim, partake in sporting activities or just lie in the sun without the worry of ever again losing your 'brows'.

Choose between a soft textured look or hair simulation. If you have no brow hair, or sparse 'brows due to over plucking the difference balanced brows can make is amazing



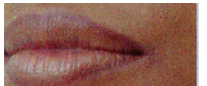
### Eyeliner and Eyelash Enhancement

Make the most of your eyes with micropigmentation . From a subtle lash enhancement that adds natural definition to the eye or a more dramatic affect liner that makes a statement! Both creating great looks that are long lasting and always perfect.



### Lip Liner and Full Colour

For a truly subtle and beautiful cosmetic effect, micropigmentation is an excellent way of enhancing the shape and colour of your lips. With skilled application, lips can look fuller and more shapely. This fabulous procedure can help reduce lipstick bleed, ensuring that you have perfect lips at all times. Full lip colour is also available in a subtle shade to, correct or redefine lips. For a more striking effect stronger colour can be applied.



### Trucco Sebastian Make-Up

For an update on the latest fashion and make-over tips for that special occasion...

**Make-Over Special - £30.00**

**Make-Up Lesson - £40.00**

Includes personal facial diagram and product list

**Wedding packages available to suit your individual needs, to make your big day really special!**

**Wedding Make-over – Price on consultation**

Free consultation. Call out service available.

### Facial Treatments

Prescribed facial exclusively prepared for you individual needs whether you have dry, sensitive, oily skin; or a combination of it all. We have the facial for you!

**Prescription Facial - £35.00**

*Includes: Facial cleansing and toning of the face, prescription mask, with a face neck and shoulder massage.*

**Collagen Mask - £42.00**

**100% pure collagen dust treatment**

- instant result after 1 treatment
- help plump up fine lines and wrinkles

*Includes: Cleansing and toning of the face, collagen mask, with face and neck massage.*

**Collagen Eye Mask - £35.00**

*Applied to the eye area only*

*Includes: Cleansing and toning of the face, collagen eye mask, with face and neck massage.*

## Facial Treatments

## Tanning

### St. Tropez Ultimate Air

Get a tan like the stars. Get St. Tropez the professional way - your guarantee of the ultimate tan!

Ensures a glorious golden brown tan from the moment it's applied. Treatment takes approximately 15 minutes and continues to develop over a period of 4 to 8 hours. It lasts approx 7 days, leaving you with a streak free St. Tropez tan worn by the stars!

**Air brushing tanning treatment - £35.00**

## Body Care

### Swedish Massage

A wonderfully relaxing treatment that revitalise the skin and relives tension using a combination of massage oils to suit you.

**Back - £28.00**

**Full body - £40.00**

### Aromatherapy Massage

A full, luxury deep-cleansing massage to refine, balance and revitalise the skin, while soothing, relieving or energising the mind using the most powerful forms - aromatic substances known as essential oils, which are extracted from certain species of flowers, grasses, fruits, leaves, roots and trees.

**Back - £33.00**

**Full body - £45.00**

## Eye Enhancements

### Semi Permanent Individual False Eyelashes

**Outer Corners - £15.00**

*To achieve a very natural look that opens the eye with elegance. Treatment takes 10 minutes and the result lasts up to 2 weeks*

**Full Eye - £20.00**

*For a more dramatic look without the need for mascara. Treatment takes 15 minutes and the result lasts up to 2 weeks*

**Eyelash Perming - £40.00**

*Open your eyes to eyelash perming. This allows you to have the perfect curl; without the need for eyelash curlers. Treatment takes 30 minutes and the result lasts up to 8 weeks*

**Eyebrow Shape - £9.50**

*Includes; trimming of the hair, waxing and tweezing to the top, middle sides and underneath of the brows.*

*Treatment takes 10 minutes and the result lasts up to 4 weeks*

**Eyebrow Shape Deluxe - £16.50**

*- Eyebrows Shaped Like the Stars!*

*Includes; trimming of the hair, waxing and tweezing to the top, middle, sides and underneath of the brows plus an eyebrow tint to darken, thicken, or just define. It's the perfect finish to achieve that celebrity look.*

*Treatment takes 15 minutes and the result lasts up to 4 weeks*

**Eyelash Tinting - £9.50**

*If you eyelashes are fair, and you've always longed for thicker, longer looking lashes.*

*Treatment takes 10 minutes and the result lasts up to 6 weeks.*

**Eyebrow Tinting - £8.50**

*If you're fed up of not being able to see your eyebrows, of constantly having to pencil them in, or simply want a change.*

*Treatment takes 5 minutes and the result lasts up to 4 weeks*

## Nail Enhancement

**Full Set of Nail Extensions - £45.00**

**Single Nail - £6.00**

**Full Set of Nail Extensions - £50.00**

*(with full set of permanent french nail extensions)*

**Single Nail - £6.50**

**Full Set of Express Nails - £30.00**

**Single Nail - £3.00**

**Full Set of Gel Wraps - £35.00**

*'A coat of armour for the natural nail'*

**Single - £4.00**

**Full Set of In - Fills - £27.00**

*A full rebuild where the natural nail has grown underneath. Maintenance every 2-3 weeks*

**Full Set Nail Removal - from £27.00**

*A safe removal to protect the natural nail*

### For the natural nail

**Mini Manicure - £10.00**

*Cleanse, file and shape with a choice of polish*

**Intermediate Manicure - £17.50**

*Cleanse, file, shape and cuticle service, exfoliating and buffing with a choice of polish*

**Advanced Manicure - £27.00**

*Hand and forearm massage cleanse, file, shape and cuticle service, exfoliating and buffing with a choice of polish*

**Deluxe Manicure - £38.00**

*Hand and forearm massage, paraffin wax treatment, cleanse, file, shape and cuticle service, exfoliating and buffing with a choice of polish,*

**French Finish - £5.00 extra**

**Nail Art from - £5.00**

## Pedicure

**Mini Pedicure - £15.00**

*Foot bath, nail cleanse and shape with a choice of polish*

**Intermediate Pedicure - £22.00**

*Foot bath, nail cleanse and buff, shape, cuticle maintenance. Foot peeling exfoliation and shape with a choice of polish*

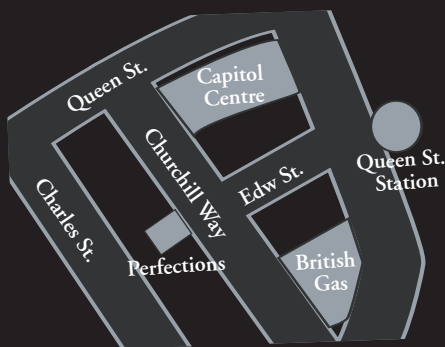
**Advanced Pedicure - £35.00**

*Foot bath, foot and lower leg massage, nail cleanse and buff, shape, cuticle maintenance. Foot peeling exfoliation, and shape with a choice of polish,*

**Deluxe Pedicure - £45.00**

*Foot bath, foot and lower leg massage plus paraffin wax heat treatment, nail cleanse and buff, shape, cuticle maintenance. Foot peeling exfoliation and shape with a choice of polish,*

*French manicure finish to any of the above extra £5.00*



## Perfections - Beauty Therapy

16 Churchill Way  
Cardiff  
CF10 2DX

Tel: 029 2022 7170  
[www.perfectionsbeautytherapy.co.uk](http://www.perfectionsbeautytherapy.co.uk)

## Hair Removal

### What is a True Brazilian and Hollywood wax?

Both treatments focus on the genital area and involves the removal of hair from the vagina, perineum and anus leaving either a very small Brazilian strip of hair at the top of the vagina or for the Hollywood wax EVERYTHING is removed!

(Any remaining stray hairs are removed by tweezing leaving you feeling clean, shiny and smooth.)

### What to expect?

Brazilian and Hollywood waxing will involve you adopting various positions that some may think a little embarrassing with the exception of our therapists who are professionals and think the opposite performing this ever growing extremely popular treatment time after time, our therapists will provide you with the very best care possible helping to make the experience comfortable and quick with as little discomfort as possible.

### Is it worth it?

Brazilian and Hollywood waxing should only take approx 15mins of slight discomfort while not only providing long lasting results but may also help you feel more confident, sensual and erotic which can be enjoyed by both you and your partner.

### How long will it last?

Follow up treatments are recommended around every 4 weeks or when the hair growth is 5mm in length

## Bikini Waxing

**Traditional - £15.00** (*upper and lower sides of bikini line*)

**Mock brazilian - £22.00**

(*achieving a similar look to a 'True brazilian' but without its true commitment*)

**True Brazilian - £30.00**

(*please see info above*)

**True Brazilian Deluxe - £50.00**

(*True brazilian plus buttocks, hips, lower navel and lower back*)

**Complete Hollywood - £30.00**

(*please see info above*)

**Complete Hollywood Deluxe - £45.00**

(*Complete Hollywood plus lower navel to lower back*)

**Designer Bikini Art - from £5.00**

*A variety of air brushed designs, shapes and jewels available, price is in addition to bikini waxing*

## Bikini Specialists



**Fed up of unwanted hair growth and constant shaving?**

Then this is the treatment for you. Waxing removes all unwanted hair straight from the follicle itself, therefore the new hair growth will appear tapered at the end, leaving hair feeling and looking finer and softer in texture. Follow-up treatments are recommended every 4-6 weeks, or when hair growth is 5mm in length.

For all our waxing treatments we use a blend of roller waxing and hot brazilian wax to suit all skin types achieving the most comfortable and effective wax possible for those hard to reach and delicate areas.

Recommended hair growth before treatment of 5mm in length

- 1/2 leg - £14.00 *(excludes the knee)*
- 3/4 leg - £16.50 *(includes the knee)*
- Upper Thigh - £16.00 *(from knee to french knicker line)*
- Full Leg - £24.00 *(to French Knicker line)*
- Forearm - £14.00
- Full Arm - £17.00
- Hands and Fingers - £3.00 extra *(with choice of arm wax)*
- Lower Navel Line - £5.00
- Navel Line - £8.00
- Stomach - £13.00
- Lower Back - £8.00
- Chest Line - £5.00
- Areola - £8.00
- Full Chest - £15.00
- Underarm - £9.50
- Eyebrow Shape - £9.50
- Upper Lip or Chin - £8.00
- Full Face - price on consultation

**A 10% discount is offered for full body waxing**

